## **Profile**



# Leadership Program for Emerging African Women in Science

Mitigating Post-Harvest Food Losses for Food Security



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Sarah Kisakye is a research assistant at the National Agricultural Research Organisation, where she supports senior scientists in the sensory evaluation of food products. Her current study focuses on mitigating post-harvest losses of cooking bananas in East Africa.

The AWARD Leadership Program for Emerging African Women in Science equipped Sarah with leadership skills, empathy and strategic networking abilities, empowering her to lead projects and promote gender-responsive research. "I have acquired valuable leadership skills. I have come to understand that as a leader, it is crucial to exhibit empathy, which involves considering situations from the perspective of others," she says.

"The program has shown me that as a woman, I have the capability to accomplish anything I am passionate about," she adds. To young women who consider joining the program she says, "This program will help you reach the pinnacle of your career because it's all encompassing, so go for it."



Sarah Kisakye 2024 | Uganda

#### Position:

Research Assistant

### Organization:

National Agricultural Research Organisation, Uganda

#### Field of research:

Food Science and Nutrition

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