## Leading from the Middle Course

August 5-28, 2025 Virtual Course

# African Women in Agricultural Research and Development

### A wise investment - what makes this course unique?

This course equips middle-level professionals with practical skills and strategic insights in leadership, resource optimization, and program management. It emphasizes communication, influence, and coordination to align activities with organizational goals, fostering both institutional success and career growth. It's an investment in enhancing performance and professional development.

#### Who

This four-week virtual training is designed for administrators and technical staff in Agricultural Research and Development organizations, focusing on research, logistics, and organizational support. It's ideal for those transitioning to leadership roles, with an emphasis on coordination and resource management.

#### **Course structure**

The eight-module, four-week online course (2 ½ hours per module) offers expert-led sessions, group coaching, and peer discussions. Participants address leadership challenges through practical tasks, case studies, and assignments, gaining insights, strategies, and networking opportunities to boost their routines and career growth.

"This course helped me as a leader to be more conscious about the traits of the other MBTIs and know how to apportion responsibilities to them to bring out the best in them as I also support them to improve where they are lagging. I will also utilize what I am good at to support the team towards success".



"As a leader, the learning on emotional intelligence has come at the right time. I have already applied this in having some honest and open conversations with my line manager, and I believe this will improve our relationship. As a staff council representative, I will also use the same approach judiciously as I negotiate for better working terms and review of policies for myself and my teams". AWARD Training participant

#### **Course objectives**

- Understand key leadership and management functions and when and where to apply them.
- Cultivate the mindset required for thriving as they lead from the middle.
- Develop techniques for self-mastery and social influencing through Emotional Intelligence.
- Sharpen their priority setting and efficient task management for enhanced productivity.
- Identify and apply effective communication skills to successfully lead meetings, give and receive feedback and handle challenging conversations with different stakeholders.
- Thrive in a fast changing and unpredictable environment (mental well-being, self-care and stress management).

#### What you gain as a participant in this course?

- Gain trust, build credibility, and influence senior leaders and direct reports effectively.
- Acquire tools for informed, confident decisions addressing diverse stakeholder perspectives and needs.
- Enhance communication skills to bridge gaps, fostering collaboration and alignment, organization-wide.
- Develop resilience to navigate change, lead teams effectively during challenging times.
- Build a supportive network of mid-level leaders to share insights, advice, resources.

#### Maximizing impact: benefits for your organization or sponsors

- Build a stronger leadership pipeline with skilled leaders for future roles.
- Enhances team dynamics, productivity, and morale.
- Guides participants to align team goals with the organizational strategy.

#### **Facilitators**

AWARD courses are led by A-TEAM, a global group of professional trainers, experts, and facilitators specializing in leadership, mentoring, science, and gender. More details on the A-TEAM visit: https://awardfellowships.org/meet-staff/#trainers

#### Cost

USD 2,000 per person.

Enjoy a 5% Early Bird Discount by confirming and paying by June 2025. Groups of 5+ qualify for exclusive discounts.

Registration

Email: awardtraining@cifor-icraf.org cc: p.bomett@cifor-icraf.org www.awardfellowships.org Scan QR code to register

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